

# Clearbrook Nursing Home



Finglas West, Dublin

ENHANCING THE QUALITY OF LIFE  
FOR OLDER PEOPLE

# Clearbrook Nursing Home



## A modern purpose-built nursing home offering 90 single ensuite bedrooms.

Centrally located opposite Cappagh Orthopaedic Hospital, Clearbrook's landscaped private gardens give residents the opportunity to exercise and enjoy the fresh air. Our convenient location make it easy for family and loved ones to visit.

Our home-from-home is staffed by an exceptional team of compassionate nurses and care assistants, whose focus is to enhance the lives of the elderly residents in their care.



## Key Facilities

- 90 single en-suite bedrooms
- Televisions in all rooms
- Nurse call bell
- In-home hair salon
- Private Gardens

Our nursing home offers a choice of leisure rooms which provide an opportunity for socialising and recreational activities. Our quiet lounges are great places to invite friends and families when they visit.

## Types of Care

Clearbrook provides care for residents who have been assessed as requiring:

- Dementia Care
- Nursing Home Care
- Short Term Post-Operative Care
- Short Term Respite Care

## Services

- Physiotherapist and chiroprapist visits
- Regular GP visits, and as needed



## Resident-led activities & therapies

### Living with Purpose

We work tirelessly to ensure that we are doing everything we can to promote our residents' overall health and well-being.

We encourage our residents to engage, enjoy, express, and live as full, independent and active a life as possible with us. Our dedicated activities team develop an extensive weekly calendar of group and one-to-one activities, tailored to the unique needs, and expressed interests, of our residents. Residents' freedom of choice guides everything we do.

On a typical week residents enjoy music, singing, dancing, light exercise, games, gardening, social activities, pampering treatments, and excursions when weather allows. Our activities programming is designed to turn each day into an opportunity for our residents to live with purpose.



Mowlam Healthcare provides person-centred health care with compassion, dignity, and respect. Our clear focus is ‘To Enhance the Quality of Life for Older People’.

This is **The Mowlam Way**

We are very proud of our homely and welcoming atmosphere at Clearbrook Nursing Home and would be delighted to show you around so that you can experience it for yourself.



Call us today on 01 808 1188

**CLEARBROOK NURSING HOME**

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